

Nursery

Autumn 1 - Being in My World



Piece	PSHE learning intention
1. Who... Me?!	I understand how it feels to belong and that we are similar and different
2. How am I feeling today?	I understand how feeling happy and sad can be expressed
3. Being at School	I can work together and consider other people's feelings
4. Gentle hands	I can use gentle hands and understand that it is good to be kind to people
5. Our Rights	I am starting to understand children's rights and this means we should all be allowed to learn and play
6. Our Responsibilities I am learning what being responsible means	am learning what being responsible means

Autumn 2 – Celebrating Differences

Piece	PSHE learning intention
1. What I am good at?	I know how it feels to be proud of something I am good at
2. I'm Special, I'm Me!	I can tell you one way I am special and unique.
3. Families	I know that all families are different.
4. Houses and Homes	I know there are lots of different houses and homes.
5. Making Friends	I can tell you how I could make new friends.
6. Standing Up for Yourself	I can use my words to stand up for myself.

Spring 1 – Dreams and Goals

Piece	PSHE learning intention
1. Challenge	I understand what a challenge means
2. Never Giving Up	I can keep trying until I can do something
3. Setting a goal	I can set a goal and work towards it
4. Obstacles and Support	I know some kind words to encourage people with
5. Flight to the Future	I understand the link between what I learn now and the job I might like to do when I'm older
6. Footprint Awards	I can feel proud when I achieve a goal

Spring 2 - Healthy Me

Piece	PSHE learning intention
1. Everybody's Body	I know the names for some parts of my body and am starting to understand that I need to be active to be healthy
2. We like to move it, move it!	I can tell you some of the things I need to do to be healthy
3. Food, Glorious Food	I know what the word 'healthy' means and that some foods are healthier than others
4. Sweet Dreams	I know how to help myself go to sleep and understand why sleep is good for me
5. Keeping Clean	I can wash my hands and know it is important to do this before I eat and after I go to the toilet
6. Stranger Danger	I know what to do if I get lost and how to say NO to strangers

Summer 1 - Relationships

Piece	PSHE learning intention
1. My Family and Me!	I can tell you about my family
2. Make friends, make friends, never ever break friends!	I understand how to make friends if I feel lonely
3. Make friends, make friends, never ever break friends!	I can tell you some of the things I like about my friends
4. Falling Out and Bullying	Part 1 I know what to say and do if somebody is mean to me
5. Falling Out and Bullying	Part 2 I can use Calm Me time to manage my feelings
6. Being the best friends we can be	I can work together and enjoy being with my friends

Summer 2 – Changing Me

Piece	PSHE learning intention
1. My Body	I can name parts of my body and show respect for myself
2. Respecting My Body	I can tell you some things I can do and some food I can eat to be healthy
3. Growing Up	I understand that we all start as babies and grow into children and then adults
4. Growth and Change	I know that I grow and change
5. Fun and Fears	I can talk about how I feel moving to School from Nursery
6. Celebration	I can remember some fun things about Nursery this year